

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|---|---|---|---|--|
|   | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Patriotic Poetry<br>Corner FR<br>6:00 Corn Hole FR<br><br>Canada Day          | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Cartoonist Duane<br/>Able MDR</b><br>3:30 4 <sup>th</sup> of July Trivia<br>FR<br><b>7:00 Bingo MDR</b> | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:00 Manicures FR<br>1:30 Resident Council<br>GR<br>3:00 Book Club FR                       | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Patriotic Concert<br>Video FR<br>8:00 PBS Capital 4th<br>Celebration (TV ch. 18)<br><br>Independence Day (US) | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Birthday Party w/<br/>Mike Whitlock* MDR</b><br>3:30 Americana Trivia<br>FR | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Hot Diggity Dog<br>FR        |
| 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Banana Split<br>Dessert FR<br>4:00 Trivia Time FR              | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>1:30 St. Henry's Club<br/>House MDR</b><br><b>2:15 Bingo MDR</b><br>3:30 Book Club FR<br>6:00 Bowling FR | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Manicures FR<br>3:30 Milk it For All It's<br>Worth! FR<br><b>7:00 Bingo MDR</b>                            | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Make Homemade<br>Ice Cream & Ice Cream<br>Trivia FR<br>3:30 Getting to Know<br>You FR  | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Ice Cream Social<br/>w/ Mark Linehan<br/>MDR</b><br>3:30 Heads or Tails FR<br><b>7:00 Bingo MDR</b>                                 | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Robert Rogers<br/>Inspirational Speaker<br/>MDR</b><br>4:00 Trivia FR       | 9:30 Exercises FR<br>10:00 Three Rivers<br>Festival Parade FR<br><b>2:00 Bingo MDR</b><br>3:30 Book Club & 1:1<br>Visits     |
| 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Keith Calvin*<br/>MDR</b><br>3:30 Book Club & 1:1<br>Visits | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Mug Cake Monday<br>FR<br>6:00 Balloon Volleyball<br>FR                        | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Rick Lee* MDR</b><br>3:30 Show & Tell FR<br><b>7:00 Bingo MDR</b>                                       | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Manicures FR<br>3:30 Book Club FR  | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Tea &amp; Cookies w/<br/>Christy Barr MDR</b><br>3:30 Dice Game FR<br><b>7:00 Bingo MDR</b>   | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Bus Ride FR<br><b>2:00 Two Much Fun*<br/>MDR</b><br>4:00 Trivia FR             | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Fly Me to The<br>Moon FR     |
| 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Blueberry Bubbly<br>& Movie FR<br>3:30 Alex Trebek Day<br>FR   | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Book Club FR<br>6:00 Melon & Music on<br>the Patio FR                         | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Music Express<br/>MDR</b><br>3:30 Ice Cream Cone<br>Day FR<br><b>7:00 Bingo MDR</b>                     | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Show Off Your<br/>Tan! MDR</b><br>3:30 Book Club FR<br>6:00 Card Games w/ Vic<br>FR | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Let's Paint! FR<br>3:30 Crossword Puzzles<br>FR<br><b>7:00 Bingo MDR</b>   | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>1:30 Manicures FR<br>3:30 Weird Sports FR   | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Book Club & 1:1<br>Visits FR |
| 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br>2:00 Play Ball! FR<br>3:30 Book Club & 1:1<br>Visits                | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Bingo MDR</b><br>3:30 Word Mining FR<br>6:00 Aim for the Stars<br>FR                                | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Fashion Show<br/>MDR</b><br>3:30 Jeopardy! FR<br><b>7:00 Bingo MDR</b>                                  | 9:30 Exercises FR<br>10:00 Drinks, News,<br>Music & 1:1 Visits<br><b>2:00 Final Harvest<br/>MDR</b><br>3:30 Book Club FR<br>6:00 Card Games w/ Vic<br>FR      | <h1>July 2019</h1> <h2>1<sup>st</sup> Floor Activities</h2> <p>(Activities Subject to Change)</p>   |   |  |

\*Provided by Audiences Unlimited

MDR=Main Dining Room

FR=Family Room

GR=Garden Room