

JULY 2019

3rd Floor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
10:00 Exercise & Refreshment	10:00 Exercise & Refreshment	10:00 Exercise & Refreshment	10:00 Exercise & Refreshment	10:00 Exercise & Refreshment	10:00 Exercise & Refreshment	10:00 Exercise & Refreshment
10:30 Mass (CH)	10:30 Mass (CH)	10:30 Mass (CH)	10:30 Mass (CH)	10:30 Mass (CH)	10:30 Mass (CH)	10:30 Mass (CH)
12:00 Manicure & Massage	12:00 Manicure & Massage	12:00 Rest & Relaxation	12:00 Manicure & Massage	12:00 Manicure & Massage	12:00 Lawrence Welk	12:00 Manicure & Massage
1:00 Chair Exercises	1:00 Art	2:00 Music by Rick Lee (MDR)	1:30 Target Toss	1:00 Kickball	1:00 Basketball	1:00 Noodle Ball
2:00 Music by Keith Calvin (MDR)	2:00 Bingo (MDR)	3:00 Snack	2:00 Sing-a-long	2:00 Tea & Cookies music by Christy (MDR)	2:00 Music by Too Much Fun (MDR)	2:00 Bingo (MDR)
3:00 Snack	3:00 Snack	3:30 Snake Craft	3:30 Snack	3:30 Jeopardy	3:00 Snack	3:00 Snack
3:30 Golf Terms Match	3:30 Trivia	6:00 Moon Trivia	4:00 Word Games	4:30 Table games	3:30 Categories	3:30 Who/What Am I?
4:00 Trivia	4:00 Crossword	7:00 Bingo (MDR)	6:00 Group Discussion	6:00 Name 10	4:00 Ice Cream Humor	4:00 Stretches
7:00 Movie (DR)	6:00 Bible Study	8:00 Movie (DR)	7:00 TV Game Shows	7:00 Bingo (MDR)	6:00 Cards/Board Games	7:00 Movie (MDR)
	7:00 TV Game Shows		8:00 Movie (DR)	8:00 Movie (DR)	7:00 TV Game Shows	
	8:00 Movie (DR)				8:00 Movie (DR)	

*All activities are subject to change. MDR = main dining room CH = Chapel DR = 3rd Floor Dining Room AR = 3rd Floor Activity Room